

Social Welfare and Financial Advice Sessions at Housing offices Timetable April 2014 – September 2014

MONTH	WEEK COMMENCING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	ADVISOR
April	07/04/2014			Island Gardens 9:30-12:30			Aminoor
	14/04/2014			Mile End 9:30-12:30			Tahmina
	21/04/2014		St George's 9:30-4:00				Shah
	28/04/2014				Holland 2:00-4:00		Aminoor
May	05/05/2014			Island Gardens 9:30-12:30			Aminoor
	12/05/2014			Mile End 9:30-12:30			Aminoor
	19/05/2014		St George's 9:30-4:00				Aminoor
	26/05/2014				Holland 2:00-4:00		Aminoor
June	02/06/2014			Island Gardens 9:30-12:30			Aminoor
	09/06/2014			Mile End 9:30-12:30			Aminoor
	16/06/2014		St George's 9:30-4:00				Aminoor
	23/06/2014				Holland 2:00-4:00		Aminoor
	30/06/2014			Island Gardens 9:30-12:30			Aminoor
July	07/07/2014			Mile End 9:30-12:30			Aminoor
	14/07/2014		St George's 9:30-4:00				Aminoor
	21/07/2014				Holland 2:00-4:00		Aminoor
	28/07/2014			Island Gardens 9:30-12:30			Aminoor

August	04/08/2014			Mile End 9:30-12:30			Aminoor
	11/08/2014		St George's 9:30-4:00				Aminoor
	18/08/2014				Holland 2:00-4:00		Aminoor
	25/08/2014			Island Gardens 9:30-12:30			Aminoor
September	01/09/2014			Mile End 9:30-12:30			Aminoor
	08/09/2014		St George's 9:30-4:00				Aminoor
	15/09/2014				Holland 2:00-4:00		Aminoor
	22/09/2014			Island Gardens 9:30-12:30			Aminoor
	29/09/2014			Mile End 9:30-12:30			Aminoor

What this service provides:

- Help with budgeting, Money management and money saving tips to reduce household spending
- Financial Health Check
- How to use and manage credit
- Benefit calculations to make sure that residents are getting what they are entitled to
- Calculations and support with benefits entitlement if residents are going back to work
- Help with form filling
- Setting up and using a bank account so that bills are paid on time and residents can save for a rainy day
- Debt advice with practical support to deal with arrears and debts such as:
 - help with transferring credit card debt to loans with lower interest rates

- agreeing realistic payment plans between the resident and EastendHomes if they are in arrears
- support with gas, electricity and water arrears and payments and grant application to write off utility arrears
- Information and support for leaseholders including negotiating major works and service charges payments and applying for grants and loans
- Information on financial products which may be useful such as contents insurance and pensions
- Knowing where to go for information on training, learning and employment advice
- Advocacy and direct referral to on site Legal Advice

For more information, please call the Bromley by Bow Centre's Advice team on: **020 8709 9737**

Or email them at: **advice@bbbc.org.uk**

Or email the advisor at: **aminoor.ali@bbbc.org.uk**